



SUSTAINABLE, ORGANIC, INDIAN FARMING PRINCIPLES LEARNING PROGRAM

2019 - 2020



In Association With



Organic agriculture is a production system that sustains the health of soils, ecosystems and people. It relies on ecological processes, biodiversity and cycles adapted to local conditions, rather than the use of inputs with adverse effects.

Reasons to embrace organic farming include

- Advantages in sustainability
- Self-sufficiency
- Health
- Food
- Security and
- Safety

It is an experience promoting and reinforcing the concept of how the natural world sustains us. In an era of climate change it is important to revert back to organic farming practices to save our earth and future generations. It is in this context that the program has been designed.

BIRTH OF SOIL:

- After seeing the interest and growth of our students participating with zeal and enthusiasm in the Farm Program, we decided to share this emotion with anyone who is keen to learn about Organic Farming
- This is an initiative undertaken by Sempulam Sustainable Solutions and Sprouts Montessori House of Children to make Indian Agriculture completely Organic

PARTICIPATION ELIGIBILITY:

- a) **Candidates who can apply:**
- Anyone from any field of life, who is interested in Farming and wants to learn more or develop a career in Farming
 - Is willing & ready to work with the soil (nature)
 - Passion and interest towards the Flora & Fauna
 - No major educational background required
 - Awareness of Tamil and English languages preferable

b) Career Options (post completion of course) / Course Objectives:

- Develop your own garden
- Associate with a School and teach Organic Farming
- Grow and sell organic vegetables to Local vendors and stores
- Help people and institutes to create and set up their own Garden
- Start your own Organic Farm

COURSE DETAILS:

- **Duration of Program:**
 - June 2019 to March 2020
(10 months x 2 classes per month)
- **Classes:**
 - 1 Theory class at Sprouts Montessori House of Children & 1 Practical Class at the CIKS Farm at Sukkankollai Village, near Vedanthangal
- **Course Content:**
 - Learning step by step extensive farming process with local and native variety crops and seasonal vegetables
 - Cattle Management and Dairy Housing
 - Principles of Vrکشayurveda (the Indian Plant Science)
 - Biodiversity in Farming
 - Organic Kitchen Garden and many more

BENEFITS OF THE COURSE:

- A strong education component on sustainable nutrition will reach out to children, their families and future generations, helping them grow in both body and mind.
- Links with gardens and farms along with practical learning about nature and the Environment will provide insight into other arenas like food production and marketing, business skills, food processing and preparation and making healthy food choices.
- Promotes life skills and social capacities such as managing work, planning and organizing, taking responsibility, working together as a team, taking ownership and learning from experience.

FEE DETAILS & APPLICATION PROCESS

- **Rs 20,000 (Payable in 2 installments)**

Installment 1: May 2019 – Rs 10,000

Installment 2: October 2019 – Rs 10,000

The payment excludes Travel and Food, which will be paid at actuals

- Interested candidates to fill up the Application form available at Sprouts Montessori House of Children
- Applicants will be called for a one on one interaction

ANCHORS OF THE PROGRAM:

- **Dr K Vijayalakshmi:**

The driving force behind Sempulam Sustainable Solutions. A Research Director at CIKS (Center for Indian Knowledge Systems). Over 30 years of experience working in the field and is one of India's foremost authorities on Organic Farming. She has been involved in implementing over 75 sustainable agricultural projects, working intensively with farmers around the country

- **Mr A.V. Balasubramanian**

Founder of Centre for Indian Knowledge Systems (CIKS) An author of several books and an expert on Vrکشayurveda.

- **Mr. K. Subramanian**

A post graduate in social science with more than 20 years field experience in organic farming. He is also the CEO of a Farmer Producer Company and helps various producer companies to run their businesses efficiently.

- **Ms. K. Parimala**

A post graduate in plant pathology she is a senior consultant in Sempulam. She has more than 15 years of experience both in the field and laboratory. Coordinates activities of an organic farm and has been a trainer for the last decade.

EXPERIENCES:

“Clean air – green surroundings; a lesson on pests or learning to make bio-pesticides comes alive. The questions are many; the mind is focused and sharp as the hands are engaged. Theory and practical learning beautifully integrated. The day is packed with activity; evening brings a sense of fulfilment. Can there be a more sensible form of learning? ”

Mrs Sujatha Jaishankar
(Creative Director at Sprouts)

“The visit to the farm was a different experience altogether. It made us feel like kids all over again. It was beautifully organized with a proper academic year structure. Ms Vijayalakshmi is definitely an inspiration to us for her active and energetic lifestyle. Loved every moment of the visit.”

Mrs Bhavya M Sarode
(Parent of Ikshika & Purav – EA & Primary)

“Nurition, Education, Sustainability”
Kamakshi Ashok
(Primary Teacher at Sprouts)



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principles and Learning program

Sempulam Sustainable Solutions

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